



# Healthy Times

## We Are Excited to Announce New and Enhanced Services at Loring Hospital

### Recent Patient Comments

*“Everybody was so helpful and the hospital was so clean.”*

*“The kitchen presented such a wonderful tray to eat from. I can't say anything better about the Hospital.”*

*“I would highly recommend Loring to anybody. I appreciate having the Hospital here and all the doctors and nurses, everybody.”*



**Mark Your Calendar—  
Monday, July 18, 2016**

**Loring Healthcare  
Foundation Golf  
Tournament**

**Register at  
www.loringhospital.org**

Loring Hospital's mission is to provide exceptional healthcare in an environment of trust and compassion. In keeping with our mission, we are excited to offer several new or enhanced services to our patients in Sac County and neighboring counties.

The Wound Healing Center at Trinity Regional Medical Center will be providing clinic hours at **Loring's Outpatient Center** each Friday beginning this summer. Dr. Zoltan Pek of UnityPoint Clinic Sac City, Lake View and Fonda, will offer a specialized wound care clinic for treatments including diabetic foot ulcers, post-surgical incisions, burns, radiation wounds and any wound that has not shown signs of improvement in 30 days. Dr. Pek, along with wound care specialists from Trinity Regional Medical Center, will ensure our patients get the best possible care for wounds which have resisted traditional treatment. Referrals are not needed to schedule an appointment at Loring Hospital's new Wound Care Clinic.

We are enhancing services in our **Loring Rehabilitation Department** with the addition of full-time occupational and full-time speech therapy services along with our physical therapy services. Colleen Auen is our full-time occupational therapist, helping our patients participate in everyday activities through therapy. She provides services for people of all ages who are recovering from injuries, and support for older adults experiencing physical and cognitive changes. Also available in Loring's Rehabilitation Department is therapy for lymphedema. This therapy focuses on reducing swelling and controlling pain when lymph nodes are removed or damaged due to a variety of medical conditions.

### New Services at Loring Hospital:

- wound care clinic
- dermatology clinic
- lymphedema therapy
- an American Diabetes Association recognized education program
- full-time speech and occupational therapy
- Stepping On+falls prevention program for seniors
- expansion of our respiratory, pulmonary and cardiac therapy department

## Loring Hospital Services

24 Hour Emergency Services  
3D Mammography  
Dietary & Nutrition Consults  
Cardiology Clinic  
Cardiac Rehab  
Community Education  
CPR Training  
Diabetes Education  
Endocrinology  
ENT Clinic  
Enterostomal Therapy  
Inpatient Services-acute care & swingbed  
Infusion Therapy  
Laboratory  
LifeLine  
Lymphedema Therapy  
MRI  
Nephrology  
Nursing Services  
Nutrition Consults  
Occupational Therapy  
Outpatient Center  
Oncology Clinic  
Orthopedics  
Palliative Care  
Pharmacy  
Physical Therapy  
Podiatry Clinic  
Pulmonology  
Radiology  
Respiratory Therapy  
Senior Living  
Sleep Studies  
Speech Therapy  
Stepping On Falls Prevention Program  
Surgical Services  
TeleHealth Clinics  
Urology Clinic  
And much, much more!

# Your Health.

## Our Mission.

Our Loring Rehabilitation Department is expanding our services to meet our patients' needs.

- Physical Therapy
- Full-time Speech Therapy
- Full-time Occupational Therapy
- Lymphedema Clinic — NEW!
- Stepping On—fall prevention for seniors — New!



Colleen Auen  
Occupational Therapist,  
Lymphedema Therapy



Ally Leners  
Speech Therapist

Talk to your physician about Loring Hospital's Rehabilitation Department, where **Your Health Is Our Mission.**

## What Is Lymphedema and Lymphedema Therapy?

Lymphedema is swelling that occurs in one of your arms or legs. Sometimes both arms or both legs swell.

Lymphedema is most commonly caused by the removal of or damage to your lymph nodes from a variety of medical conditions. It results from a blockage in your lymphatic system, which is part of your immune system. The blockage prevents lymph fluid from draining well, and the fluid buildup leads to swelling.

There's no cure for lymphedema. But it can be managed with early diagnosis and diligent care. The **Loring Rehabilitation Department's** goal of lymphedema therapy is to restore function, reduce physical and psychological suffering, and prevent the development of infection.

Talk to your doctor today or call us, 712-662-6347, for more information about our new lymphedema therapy.

## ***New Services***—continued from page 1

Our Rehabilitation Department expanded our services to include a full-time speech therapist this month. Speech therapy at Loring Hospital focuses on strengthening and improving speech production, vocal production, swallowing difficulties and language needs of our patients. Services are available for all ages.

Each year, one in every three adults ages 65 or older falls and two million are treated in emergency departments for fall-related injuries. To address this concern, our Rehabilitation Department has added a fall prevention program called "Stepping On" for seniors. This eight week program focuses on improving balance and strength, home modifications, community safety, vision, medication review and safe footwear. Classes will be available beginning this fall.

Loring Hospital is also anticipating adding a dermatology clinic and endocrinology clinic to our

Outpatient Department in the coming months. And lastly, our diabetes program is in the process of being certified by the American Diabetes Association (ADA). Diabetes education is now available at Loring and with the certification by the ADA, patients may now be eligible for third-party insurance reimbursement, depending on their insurance plan.

Along with providing exceptional care in an environment of trust and compassion, our goal is to provide as many services as we can locally, providing care to our patients right here in Sac City, states Brian Martin, Loring Hospital CEO. Our staff has been working diligently to bring additional services to our patients to help improve the health of the communities we serve without having to travel out of town, he further stated.

**Please visit [loringhospital.org](http://loringhospital.org) to learn more about our services or call 662-7105.**

*Loring Hospital's Respiratory, Pulmonary and Cardiac Therapy Department moved to a larger space within Loring Hospital in early May. With this move, our patients have additional privacy and space during their therapy! Additional space will also allow for additional patients to be treated at the same time, increasing convenient appointment times for our patients.*

*Pictured is Gerald Sanderson, Loring pulmonary rehabilitation patient. Gerald was one of our first patients to enjoy the expanded space.*

**You can find our newly remodeled Pulmonary, Respiratory and Cardiac Department in our lower level of Loring Hospital. Our staff will assist you to the lower level, which is accessed by the elevator near our Outpatient Center. More space and privacy await our patients!**



# Loring Hospital



Your Family Health Center

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SIOUX CITY, IA  
PERMIT NO.321

An Affiliate of  UnityPoint Health

211 Highland Ave  
Sac City IA 50583

## Loring Hospital Healthcare Providers

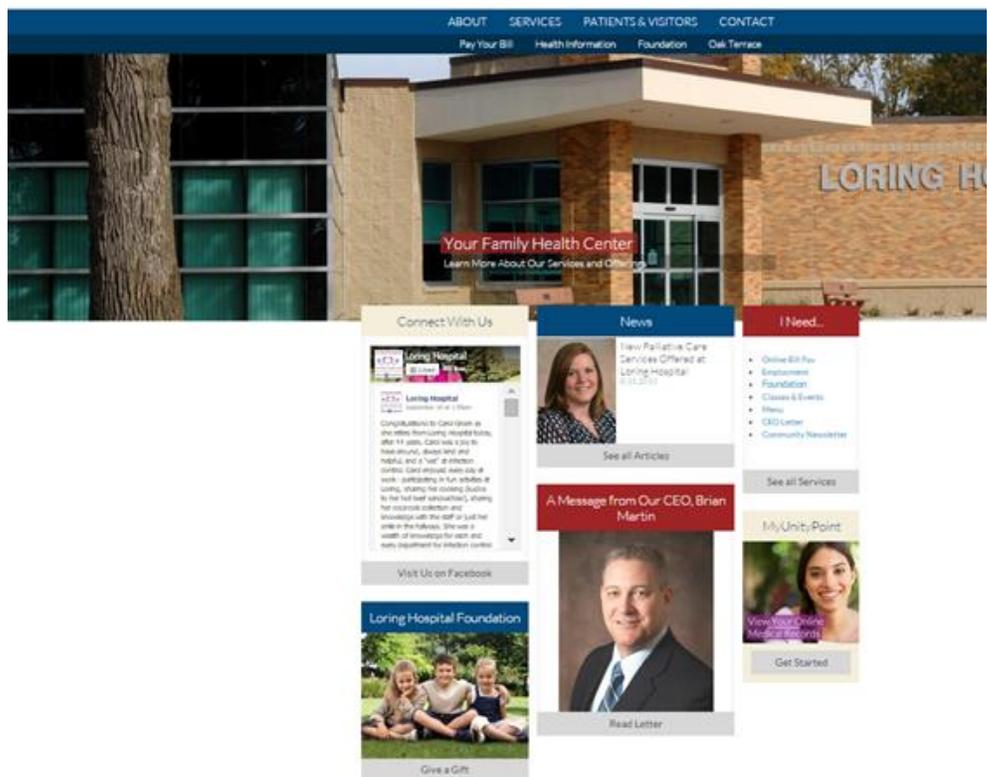
- Bernadette Gyano, MD  
Family Practice
- Leszek J. Marczewski, MD  
Family Practice
- Zoltan L. Pek, MD  
Family Practice
- Kay M. Blessington, ARNP
- Tonya J. Lankford, ARNP

## Loring Hospital Board of Directors

- Mike Green, Chair, Sac City
- Dick Schaefer, Vice-Chair, Sac City
- Tancy Becker, Secretary, Sac City
- Andy Meredith, Lake View
- Mark Tuttle, Newell
- Jim Coon, Early
- Leszek J. Marczewski, MD, Sac City

## Loring Hospital Administration

- Brian D. Martin, CEO
- Angie K. Fischer, CFO
- Lori A. Forneris, CCO



A new Loring Hospital website was launched at the end of last year. You can find information including a [list of all our services](#), local physician information, specialty clinic and outpatient services, events and classes, on-line bill pay, a link to MyChart for patients, and more!

**Visit [www.loringhospital.org](http://www.loringhospital.org) today!**  
**Like us on Facebook too!**

