	WEEK 4-REGULAR	Week of September 22		SPRING/SUMMER			WEEK 4 S/S
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
E R E A K F	Juice of Choice Fruit of Choice Cereal of Choice Scrambled Eggs Bacon Toast/Marg/Jelly Milk	Juice of Choice Fruit of Choice Cereal of Choice Yogurt Toast/Marg/Jelly Milk	Juice of Choice Fruit of Choice Cereal of Choice Sausage Links French toast/Marg/Syrup Toast/Marg/Jelly Milk	Juice of Choice Fruit of Choice Cereal of Choice Cheese Omelet Toast/Marg/Jelly Milk	Juice of Choice Fruit of Choice Cereal of Choice Bacon Scrambled Eggs Toast/Marg/Jelly Milk	Juice of Choice Fruit of Choice Cereal of Choice Sausage Links Pancakes/Marg/Syrup Milk	Juice of Choice Fruit of Choice Cereal of Choice Breakfast Sandwich Milk
N C C N	Roll/Margarine Peach Pie	Country Fried Steak Mashed Potatoes/Country Gravy Corn Cuc Tomato Avocado Salad Bread/Margarine Special K Bar Milk DR: Baked Talapia	Strawberry Chicken Salad Assorted Dressing Grilled Vegetable Blend Fresh Fruit Garlic Toast Snicker Poke Cake Milk  DR: Chicken Wings	Ham/Turkey/Beef/Salami Wrap/Croissant/Hoagie Lettuce/Tomato/Onion/Cheese Macaroni & Cheese Green Beans Mandarin Oranges Chocolate Chip Bar Milk DR: Baked Cod Loin	Bacon Cheeseburger Tomato/Lettuce/Onion Tator Tot Puzzle Potato Brussel Sprouts Snicker Salad Ice Cream Sundae Bar Milk DR: Fish Sandwich	Breaded Shrimp Tartar Sauce/Cocktail Sauce Hash Brown Casserole Bermuda Vegetables Tossed Salad/Dressing Butterfinger Cake Milk Applewood Smoked Salmon	Broccoli Cheese Chicken Baked Potato/Marg/SC California Medley Double Bavarian Salad Bread/Margarine Ice Cream/Assorted Cookie Milk
E V	Apricots Cottage Cheese Rainbow Sherbet Milk	Baked Cod Loin Lemon Slice/Tartar Sauce Baked Potato/Marg/SC Green Beans Mandarin Oranges Bread/Margarine Snicker Doodle Cookie Milk	Hamburger/Bun Lettuce/Tomato/Pickles Tri Cut Potatoes Squash Tossed Salad/Dressing Diced Pears Vanilla Ice Cream Milk	Roast Beef Mashed Potatoes/Gravy Carrots Peaches Bread/Margarine Frosted Cupcake Milk	Chicken Noodle Casserole  Beets  Mandarin Oranges  Bread/Margarine  Sugar Cookie  Milk	Homemade Vegetable Soup Crackers Pineapple Tidbits Cottage Cheese Bread/Margarine Frosted Angel Food Cake Milk	Fish Square/Bun Tartar Sauce French Fries Mixed Vegetables Tropical Fruit Sherbet Milk
S N A	choice of snack	choice of snack	choice of snack	choice of snack	choice of snack	choice of snack	choice of snack