**WEEK OF JANUARY 13** WEEK 1 F/W FALL/WINTER WEEK 1 - REGULAR

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE
	FRUIT OF CHOICE	FRUIT OF CHOICE	FRUIT OF CHOICE	FRUIT OF CHOICE	FRUIT OF CHOICE	FRUIT OF CHOICE	FRUIT OF CHOICE
	OATMEAL	CREAM OF WHEAT	OATMEAL	CREAM OF WHEAT	OATMEAL	CREAM OF WHEAT	OATMEAL
E	CEREAL OF CHOICE	CEREAL OF CHOICE	CEREAL OF CHOICE	CEREAL OF CHOICE	CEREAL OF CHOICE	CEREAL OF CHOICE	CEREAL OF CHOICE
A K	SCRAMBLED EGGS	TOAST/MARGARINE/JELLY	CHEESE OMELET	PANCAKES/OLEO/SYRUP	FRENCH TOAST/OLEO/SYRUP	SCRAMBLED EGGS	CHEESE OMELET
F	TOAST/MARGARINE/JELLY	MILK	TOAST/MARGARINE/JELLY	BACON		SAUSAGE LINK	TOAST/MARGARINE/JELLY
A	MILK		MILK	MILK	MILK	TOAST/MARGARINE/JELLY	MILK
S						MILK	
N O O N	ONE PAN BEEF CHUCK RIBS	CHICKEN CORDON ROYAL	SCALLOPED POTATOES/HAM	CHICKEN POT PIE	SPAGHETTI WITH MEAT SAUCE	BATTERED SHRIMP	SALISBURY STEAK
	WITH POTATOES/CARROTS	CRANBERRY SAUCE		BISCUIT	ALFREDO CHICKEN/NOODLES	BAKED POTATO/MARG/SC	MASHED POTATOES/GRAVY
	ONIONS	MASHED POTATOES/GRAVY	PEAS			BROCCOLI/CHEESESAUCE	BEETS
	GRAPES	SCALLOPED CORN	SPAGHETTI SALAD	ASPARAGUS	GREEN BEANS	COLE SLAW	PINEAPPLE
	ROLL/MARGARINE	SAUERKRUT SALAD	BREAD/MARGARINE	PUDDING FRUIT SALAD	CHEESE FILLED BREADSTICK	BREAD/MARGARINE	COTTAGE CHEESE
	CHERRY PIE	REESE'S PB BROWNIE	FROSTED OATMEAL CAKE	CHERRY CHEESECAKE	TOSSED SALAD/DRESSING	SPECIAL K BAR	BREAD/MARGARINE
	MILK	MILK	MILK	MILK	FROSTED PUMPKIN CAKE	MILK	COOKIES & ICE CREAM
					MILK		MILK
		DR: HAMBURGER VEG SOUP	DR; SUPER NACHOS	SOUP OF THE DAY		DR: LEMON PEPPER COD	
		DR: BAKED TALAPIA				DR: POTATO BAR	
E	HOMEMADE VEGETABLE SOUP	HOMEMADE POTATO SOUP	HOT BEEF SANDWICH	COD NUGGET/TARTAR SAUCE	MEAT LOAF	TOMATO SOUP	CHICKEN BREAST/BUN
	CRACKERS	CRACKERS	MASHED POTATOES/GRAVY	MASHED POTATOES/GRAVY	MASHED POTATOES/GRAVY	CRACKERS	LETTUCE/TOMATOES/PICKLES
	TOSSED SALAD/DRESSING	DELI BEEF SANDWICH	1 SLICE BREAD	SQUASH	MIXED VEGETABLES	GRILLED CHEESE SANDWICH	MASHED POTATOES/MARG
V E	BREAD/MARGARINE	PEACHES	GREEN BEANS	BREAD/MARGARINE	TROPICAL FRUIT	GREEN BEANS	CARROTS
N	CHOCOLATE CHIP COOKIE	COTTAGE CHEESE	PEARS	COTTAGE CHEESE	BREAD/MARGARINE	CARROTS & CELERY STICKS	PEARS
1.	MILK	ANGEL FOOD CAKE	ICE CREAM	APRICOTS	ASSORTED COOKIE	SHERBET	SUGAR COOKIE
N G		MILK	MILK	FROSTED CUPCAKE	MILK	MILK	MILK
				MILK			
-							
s							
N A	choice of snack	choice of snack	choice of snack	choice of snack	choice of snack	choice of snack	choice of snack
С	CHOICE OF SHACK	CHOICE OF SHACK	CHOICE OF SHACK	CHOICE OF SHACK	CHOICE OF SHACK	CHOICE OF SHACK	CHOICE OF SHACK
K							