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## **Loring Hospital, Sac County, Iowa**

### **2022 Community Health Needs Assessment**



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Results of the Community Health Needs Assessment

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## Executive Summary

Loring Hospital is a 25-bed critical access hospital located in Sac County, Iowa. With U.S. Health Reform, came legislation to collect public opinion regarding community health care needs and preferences, officially called a Community Health Needs Assessment (CHNA). A CHNA is a systematic collection and analysis of information about the health of the community. By using the findings of the assessment, communities can initiate strategies to begin improving the health of their residents. A CHNA gives Loring Hospital an opportunity to gather valuable information to better serve the people in our communities and gauge the perceptions of our residents. Our CHNA incorporates input from community stakeholders, public health experts, and residents of the communities we serve, and identifies action and implementation plans to improve community health.

To conduct the CHNA, Loring Hospital facilitated a survey to:

- Obtain community input
- Identify and rank community health needs
- Develop an implementation plan

Community input was obtained through a community survey to healthcare stakeholders March 2022. A confidential survey was developed and distributed to more than 5500 mailing addresses in Sac County and bordering communities with an insert in the Loring Hospital Quarterly Newsletter. Physical copies of the survey were also available throughout various locations around Sac City as well as electronically at [www.surveymonkey.com](http://www.surveymonkey.com). A total of 184 surveys were returned.

## Key Findings

Twenty questions were asked of respondents with a summary of key findings below:

Rate the overall quality of healthcare in your community:	<u>2022</u>	<u>2019</u>	<u>2016</u>	<u>2013</u>
• very good	57%	49%	49%	51%
• good	35%	43%	43%	46%
• combined fair, poor and very poor	7%	7%	7%	6%

When asked what diseases or health issues are of biggest concern to our communities, the top 5 answers were: (those in red influenced our choice when addressing needs)

	<u>2022</u>	<u>2019</u>	<u>2016</u>	<u>2013</u>
• <b>drugs/alcohol</b>	<b>51%</b>	52%	59%	48%
• <b>obesity</b>	<b>47%</b>	53%	55%	49%
• <b>cancer</b>	45%	54%	60%	53%
• <b>diabetes</b>	<b>41%</b>	36%	39%	35%
• <b>heart disease</b>	33%	36%	40%	39%

When asked what needs additional education or attention in your community, the top 5 were: (those in red influenced our choice when addressing needs)

	<u>2022</u>	<u>2019</u>	<u>2016</u>	<u>2013</u>
• <b>Obesity</b>	<b>64%</b>	58%	57%	68%
• <b>Mental illness</b>	<b>57%</b>	57%	61%	46%
• <b>Aging</b>	46%	40%	not top 5 in 2016 or 2013	
• <b>Pain management</b>	45%	39%	not top 5 in 2016 or 2013	
• <b>Alcohol</b>	<b>40%</b>	44%	45%	48.5%

Other key findings:

- 8% of respondents are not satisfied with mental health services, down from 30% in 2019, 17% 2016, and up from 6% in 2013
- 52% of respondents think we need additional healthcare providers, slightly down from 53% in 2019, 53% in 2016, and up from 39% in 2013
- 11% are not satisfied with optometry services, which was not noted as a concern in previous years
- 9% are not satisfied with dental services, which was not noted as a concern in previous years
- 88.44% of respondents have had a physical in the last year, and 73.21% have had a colonoscopy if over age 50
- 72.73% of respondents were female
- 64.33% of respondents were Medicare patients



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## Implementation Summary

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Loring Hospital set realistic goals and determined needs we can make a difference with by choosing the following health needs:

- 1) Obesity & Nutrition
- 2) Mental Health
- 3) Substance Abuse

Although cancer was a major concern in our communities, patient can receive cancer care within 60 miles and a new cancer center was recently built in Carroll, Iowa, 30 miles from Loring Hospital. We feel services will be covered in Carroll or other larger communities in Northwest Iowa.

Public input came from a focus group meeting on May 23, 2022, in which the public was invited through newspaper advertising and social media with healthcare stakeholders also invited by personal, mailed invitations.

## Future Assessments

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With these rulings, Loring Hospital is required to do a CHNA every three years. Along with surveying our service area, we are required to choose “needs” to address and have a plan and strategies on file to address these needs. Although we do not survey the community the same time as Sac County Public Health, we share plans and collaborate on similar needs and findings. We will continue to work with Sac County Public Health when appropriate for Loring Hospital's Sac County Community Health Needs Assessment surveys and strategic plans.

## I. Objectives of a Community Health Needs Assessment

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In fiscal year 2022, 2019, 2016, and 2013 Loring Hospital conducted a Community Health Needs Assessment (CHNA) in accordance with IRS guidelines. A CHNA incorporates input from community stakeholders, public health experts, the public, and establishes an action plan to address the health needs of a community.

Loring Hospital has many long-standing initiatives focused on improving the health of the communities we serve. Loring Hospital approached this CHNA process as an opportunity to evaluate and assess needs through a formalized, structured process involving key personnel and communication strategies to gather the information.

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Goals of the Loring Hospital CHNA were:

- Better understand health care needs in the community
- Collaborate with community health leaders
- Develop an action plan with realistic goals based on available resources
- Improve the health of the communities we serve

The overall health of the community is a shared responsibility among many stakeholders including government agencies, health care providers, and community members themselves. Collaboration amongst all these entities is essential in gathering and achieving the desired goals.

## **II. Definition of the Loring Hospital Community**

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Loring is a 25-bed critical access hospital in Sac City, Iowa, serving a market consisting primarily of Sac, Buena Vista, Calhoun, and Pocahontas counties. The following services can be found at Loring Hospital: Cardiac Rehab, 24 hour Emergency Services, Laboratory, Nursing Services, Nutrition & Diabetic Education, Pharmacy, Pulmonary Rehab, Outpatient Services, Radiology Services, Respiratory Therapy, Occupational Therapy, Physical Therapy and Rehab, Speech Therapy, Surgical Services and an independent senior living facility. Outpatient specialty clinics include: cardiology, dermatology, general surgery, orthopedics, podiatry, urology, and wound care. Loring Hospital also provides support to the communities we serve by offering CPR and first aid classes; wellness screenings for companies, county employed staff and schools; discounted wellness screenings when supplies are abundant; Lifeline systems for our elderly population; educational classes and demonstrations for civic groups and local schools.

According to 2020 US Census Bureau data, 9,814 people live in Sac County, with an increase of approximately 1% since the last census. Sac County and the surrounding counties are very rural. The largest Sac County racial/ethnic groups are White (94%). In 2020, the median household income of Sac County residents was \$57,446.00. Sac County households made slightly more than their neighboring counties. However, 10.5 % of Sac County residents live in poverty and 4.6% do not have health insurance. The median age for Sac County residents is 46.2. However, Loring Hospital's service area communities have an aging population and has a need for health care for the growing elderly population.

Loring Hospital takes an active role in supporting the local economy through employment, local spending and strategic community partnerships. Loring Hospital is the only hospital in Sac County, employing more than 110 local residents (includes full time, part time, and seasonal employees). Existing healthcare facilities and resources within the community include, but are not limited to:

Oak Terrace Estates – senior independent living
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Sac County Ambulance Service
Lake View Family Chiropractic Clinic
Schaller Chiropractic
Wall Lake Chiropractic Center
Jenkins Chiropractic
UnityPoint Clinic – Sac City and Lake View
Family First Dental
Sac County Public Health
Blackhawk Life Care Center – nursing & rehabilitation
Fonda Nursing & Rehab Center
Park View Care Center - nursing & rehabilitation
Twilight Acres - nursing & rehabilitation
Rock-Judish Vision Clinic
Wolfe Family Vision Center
Community Pharmacy
Sac County Board of Health

In the early 1900's, local businessman Frank Loring and his wife donated their estate and land specifically for building Loring Hospital. Several transformations of Loring Hospital have occurred over the years. In 2007, Loring took on a \$13 million remodel and construction project which transformed nearly the entire facility. With this project came state-of-the-art equipment and technology, preparing Loring Hospital for many more years of providing healthcare to the communities we serve.

Currently, Loring Hospital is embarking on what we're referring to as the hospital's "master plan" – a long-term plan that involves strategically exploring ways to optimize the space and overall flow of the hospital to ensure the best patient experience for years to come. As part of this exciting venture, certain spaces that were not part of the hospital's last renovation have been identified as key areas for growth and enhancement. Our goal is to create an optimal environment of healthcare that will serve our community well into the future.

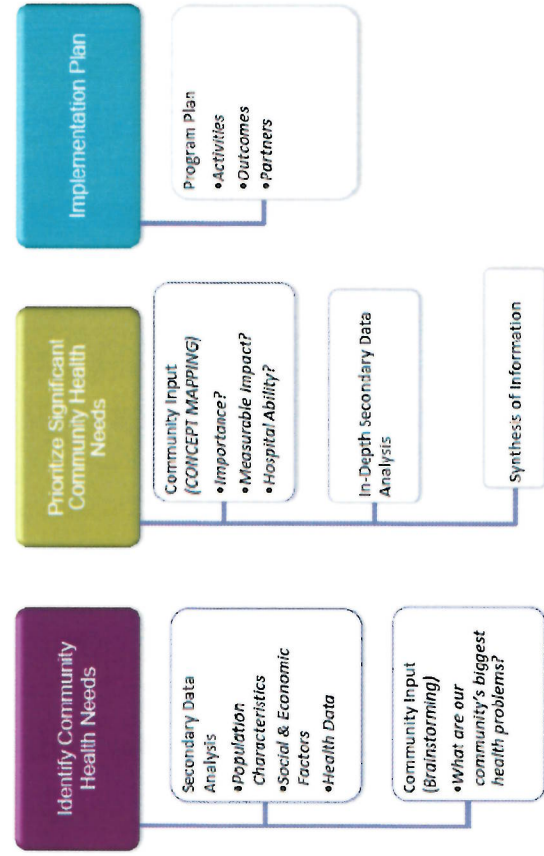
Healthcare services added in recent years include: full-time occupational, lymphedema and vertigo treatment, palliative care, a falls prevention program for seniors, and dermatology and wound care outpatient clinics. In the past two years alone, Loring Hospital has launched a Healthy Living with Chronic Conditions Program, a Healthy Eating Active Lifestyle Program, and continuous glucose monitoring (CGM) for those living with diabetes.



The Loring Healthcare Foundation is the fundraising arm for Loring Hospital and has had much success over the past 10 years. Community members and businesses support the Foundation through their generous donations at fundraising events and our year-end appeal. Due to the success of the Foundation Loring Hospital has added new technology, equipment and services to help to continue to provide excellent care to the communities we serve.

### III. Methods Used to Conduct the Community Health Needs Assessment

The Community Health Improvement Process developed by the Institute of Medicine served as a guideline for a model to plan and implement the CHNA. Loring Hospital adapted this model in the development of our CHNA.





To further identify the health needs of the community, secondary data sources used included U.S. Census, Iowa Department of Health, and the US Centers for Disease Information. Loring Hospital used the following work flow chart as our timeline.

Steps		Timeframe
Step 1: Gather preliminary data from all mailbox holders in Sac County through paper and digital survey		April 2022
Step 2: Gather input from the public and major stakeholders through a Focus Group meeting format		May 2022
Step 3: Compile and analyze results and community input		May 2022
Step 4: Identify Needs <ul style="list-style-type: none"> <li>Identify needs that Hospital can be involved in an outcome/result and make a difference based on our resources</li> </ul>		June 2022
Step 5: Research supporting data to support top needs <ul style="list-style-type: none"> <li>Use sources Loring data, Iowa Hospital Association, Iowa statics websites including Census Bureau</li> </ul>		June 2022
Step 6: Develop Action Plan		June 2022
Step 8: Implement Action Plan <ul style="list-style-type: none"> <li>Share with Community</li> </ul>		July 1 & Ongoing 2022 July 2022

#### IV. 2022 Implementation Plan

Loring Hospital has developed an implementation plan that address the significant community health needs identified through the CHNA process – **1) Mental Health 2) Nutrition & Obesity and 3) Substance Abuse**. The plan relies on collaboration and partnerships with many of the same organizations who participated in the assessment process. The leading organizations implementing the community health strategic plan are:

- Loring Hospital Staff
- Community based organizations
- Government agencies/Sac County Public Health
- Loring Hospital's Leadership Team

**Objective:** Addressing community-wide health needs in the categories of **1) MENTAL HEALTH 2) NUTRITION & OBESITY 3) SUBSTANCE ABUSE** were top priorities identified during the community health needs assessment process in 2022.

#### MENTAL HEALTH

2022 Goal	2022 Strategies	Who is responsible	When
Continue to generate awareness surrounding mental health to reduce mental illness-related stigma.	Organize and host public events such as Lunch & Learn presentations that feature local mental health advocates and address topics related to the subject of mental health.	Loring Hospital	Ongoing

	Promote locally existing mental health services, facilities and providers. Educate community on placement process and options.	Loring Hospital	Ongoing
	Partner with local schools and other community resources (i.e. Public Health) to provide educational resources and opportunities that address proper coping skills for those who are directly or indirectly impacted by mental health concerns.	Loring Hospital	Ongoing

## NUTRITION, OBESITY & WELLNESS

2022 Goal	2022 Strategies	Who is responsible	When
Continue to expand community wide initiatives and services related to the education of nutrition, obesity and diabetes.	Promote and grow diabetes services while also expanding access.	Loring Hospital	Ongoing
	Promote and expand access to Healthy Eating Active Lifestyle Program; an Intensive Behavioral Therapy for Obesity service.	Loring Hospital	Ongoing
	Explore programs and opportunities to improve access to healthy foods and physical activity in our community.	Loring Hospital	Ongoing

## SUBSTANCE ABUSE

2022 Goal	2022 Strategies	Who is responsible	When
Continue to increase awareness and coordination of services to improve access to substance abuse services and education.	Partner with local schools and/or community outreach centers/services to help educate those who are directly or indirectly impacted by substance use disorder.	Loring Hospital	Ongoing

	Promote existing community resources and services that aid those who are struggling with substance abuse.	Loring Hospital	Ongoing
	Create and/or disseminate educational resources that address substance abuse and effective steps to take when dealing with substance abuse directly or indirectly.	Loring Hospital	Ongoing

## Progress Report from Previous Years' Plans

### 2019 Progress Report

### MENTAL HEALTH

2019 Goal	2019 Strategies	2019 Progress & Key Results
Generate awareness surrounding mental health to reduce mental illness-related stigma.	Partner with local schools to provide educational resources and opportunities that address proper coping skills for students and parents who are directly or indirectly impacted by mental health concerns.	The shutdown of nearly all public facilities due to the COVID-19 pandemic restricted Loring Hospital direct access inside schools for several months. However, educational resources regarding mental health were disseminated throughout



		<p>the pandemic – including via Loring’s website, Facebook page and quarterly newsletter. This was especially timely given the conversations and concerns regarding mental health due to the stressors and social isolation caused by the pandemic. Loring Hospital’s social worker also spearheaded the “Make it Okay” campaign which was celebrated internally with staff as well as externally to the public as a way to reduce stigma surrounding mental health.</p>
	<p>Promote locally existing mental health services, facilities and providers. Educate community on placement process and options.</p>	<p>Loring Hospital shared community resources and services, including but not limited to, services provided by New Opportunities (provides quality services to people and families in Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie and Sac Counties in Iowa); Turning Point Crisis</p>

		<p>Home, Lutheran Services in Iowa, and Boys Town Iowa. Loring Hospital also hosted an event in fall 2019 featuring guest speaker Aaron McHone, who at the time was the executive director of UnityPoint Health Berryhill Center – a Community Mental Health Center that provides services in Fort Dodge and surrounding communities, including Sac County. McHone also hosted an event at the Sac Community Center that was sponsored by the Loring Hospital Auxiliary in Spring 2022.</p>
	<p>Create and disseminate educational resources through various mediums including, but not limited to: brochures, Loring's website, press releases and newspaper ads.</p>	<p>Various resources, educational tools, and services related to mental health were regularly disseminated – including via Loring's website, Facebook page and quarterly newsletter.</p>

## NUTRITION, OBESITY & WELLNESS

2019 Goal	2019 Strategies	2019 Progress & Key Results
Continue to expand community wide initiatives and services related to the education of nutrition, obesity and diabetes.	Initiate a diabetes prevention program.	Loring Hospital's Dietitian, Jill Williams, has received training and is an AADE Certified Lifestyle coach.
	Develop a weight management program.	Loring Hospital's Diabetes and Nutrition Services Department launched a Healthy Eating Active Lifestyle Program (HEAL); an Intensive Behavioral Therapy for Obesity service.
	Work to improve access to healthy foods and physical activity opportunities in our community.	Williams regularly speaks to our community about healthy food options and the importance of physical activity. Though the initial onset of the COVID-19 pandemic prevented in-person educational opportunities, Williams continued to speak with students virtually as part of the "Pick a Better Snack Program. She also hosted two virtual Facebook Live events where she discussed making informed food

		choices and developing healthful eating and physical activity habits – both of which received over 3,000 views. Most recently, Williams spoke with children about healthy fruit and vegetable items at Kids World, a local daycare center.
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## SUBSTANCE ABUSE

2019 Goal	2019 Strategies	2019 Progress & Key Results
Increase awareness and coordination of services to improve access to substance abuse services and education.	Provide educational resources and opportunities in local schools that address substance abuse and effective steps to take when dealing with substance abuse directly or indirectly.	The shutdown of nearly all public facilities due to the COVID-19 pandemic restricted Loring Hospital direct access inside schools for several months. However, educational resources regarding substance abuse were disseminated throughout the pandemic – including via Loring's website, Facebook page and quarterly newsletter.
	Promote existing community resources and services that aid those struggling with substance abuse.	Loring Hospital actively helped promote community resources



		and services, including but not limited to, services provided by New Opportunities; services and resources provided by IDPH (i.e. brochures promoting the My Life My Quit and Your Life Iowa campaigns, and Quitline Iowa.
	Provide self-assessment tools via Loring Hospital's website to evaluate substance use.	A page was added to Loring Hospital's website that includes contact information and a full list of resources that are available locally and related to topics such direct or indirect substance abuse, mental health, and parenting to name a few.

## 2013 and 2016 Progress Reports

### NUTRITION, OBESITY & WELLNESS

2013 & 2016 Goal	2013 Strategies	2016 Progress & Key Results	2019 Progress & Key Results
To increase community awareness of local services and nutrition programs currently available by implementing a	Develop a website to be the focal point of health information for the community, including all nutrition,	New Loring Hospital website launched 9/2016. Website includes nutrition,	Loring website continues to provide information including nutrition, obesity, wellness and diabetes resources.

marketing campaign targeting the various county communities.	health and wellness services available.	obesity, wellness & diabetes resources.	Our diabetes education and nutrition pages on the Loring Hospital website continue to be the most popular pages people navigate to, further suggesting patients and community members are looking for education and resources related to nutrition and diabetes education. Brochures continue to be available to the communities served by Loring Hospital.
	Develop informational brochures of the nutritional services available and provide to all local hospitals and clinics, as well as local businesses.	Loring dietitian created brochures for distribution throughout the county.	
	Promote the use of our county wellness website through different means of advertisement such as radio, newspaper and social media.	<a href="http://www.loringhospital.org">www.loringhospital.org</a> is included in all our advertising/promotional material. The Sac County Wellness Coalition also helps promote the website.	
<b>2013 &amp; 2016 Goal</b>	<b>2013 Strategies</b>	<b>2016 Progress &amp; Key Results</b>	<b>2019 Progress &amp; Key Results</b>
Develop a minimum of one new nutritional educational opportunity for each of the following groups: School aged children, adults and the elderly.	Utilize local dietitians, health coaches and health organizations to provide nutrition education to school aged kids by targeting schools, 4-H groups, day-care centers and kid clubs.	Loring dietitian has presented at each: ISU extension safety day, high school career classes, summer meal programs, the county fair, church camp, and developed multiple nutrition focused education challenges for various schools in the county.	Loring registered dietitian continues to provide education and services at each: Annual ISU Extension safety day for 2 <sup>nd</sup> and 4 <sup>th</sup> grades, summer meals program, high school career classes, the county fair. New programs and services offered include: Pick a Better Snack Program to all 3 <sup>rd</sup> grades in the county, hosting a free diabetes health fair for community members and organizing various wellness challenges through our county wellness group and with local businesses.
	Utilize local dietitians, health coaches and health organizations to provide nutritional interactive	Loring dietitian presented to each:	Loring registered dietitian presented to each: Women in Denim Conference and area nursing homes.

	presentations to adult groups such as churches, school boards, businesses, etc.	Kiwanis, Auxiliary luncheon group, Lake View Nursing home staff.	
	Utilize local dietitians, health coaches and health organizations to provide nutritional presentations to elderly groups at churches, care facilities, coffee groups etc.	Loring dietitian presented on healthy eating at various nursing homes in the area.	Loring dietitian presented on healthy eating at various nursing homes in the area and hosted a diabetes health fair at our independent living facility.
<b>2016 Goal</b>	<b>2016 Strategies</b>	<b>2016 Progress &amp; Key Results</b>	<b>2019 Progress &amp; Key Results</b>
Expand community wide education of nutrition, obesity and diabetes.	Target specific organizations and events to present educational information and screening.		Hosted diabetes health fair, provided diabetes and pre-diabetes risk screenings and glucose checks at county fair.
	Provide an ADA recognized Diabetes Self-Management Education Program		Loring continues to provide an ADA recognized Diabetes Self-Management Education Program
	Provide a prediabetes & type 2 diabetes prevention program		Dietitian has received training and is an AADE Certified Lifestyle coach.
	Provide a weight management program		Individual consults are available with provider referral at this time.

## MENTAL HEALTH

<b>2013 &amp; 2016 Goal</b>	<b>2013 Strategies</b>	<b>2016 Progress &amp; Key Results</b>	<b>2019 Progress &amp; Key Results</b>
To provide local patients with access to mental health professionals.	Utilize tele-health services to connect local patients with psychiatric professionals.	Continue to offer the services through Telehealth	Continued to attend the regional mental health coalition meeting at least biannually. Continued to utilize services offered by ITP
	<b>2016 Strategies</b>		



Continue to work with our tele-health program for mental health services.	Investigate use in the ER.		Continued with this program. Evaluated how it is working on a case by case basis. Currently the program is working very well.
Coordination with community stakeholders to enhance services.	Develop ongoing relations with key mental health stakeholders in the community.		Continued to build community relationships with key mental health stakeholders and search for new resources.

### PHYSICIAN ACCESS

2013 & 2016 Goal	2013 Strategies	2016 Progress & Key Results	2019 Progress & Key Results
To hire an additional physician to meet the needs of our local communities.	Begin the recruiting process by identifying resources and personnel to be used for marketing and recruiting for the position.	Have hired a recruiting firm as of 5/2016 to begin recruiting process. Have identified resources and personnel for recruitment.	A recruiting firm was hired, but placed on hold as of July 2018 as obsessive fees were being incurred with very little progress. We have been utilizing our UnityPoint affiliation to help in the recruitment process and will accommodate the candidate needs through their process.
	Identify and interview candidates for the position.		
	Evaluate interviewed candidates and make an offer.		
	<b>2016 Strategies</b>		
Continue recruitment process	Identify and interview candidates for the position.		Candidates were identified prior to July 2018, interviewed and given tours of Loring Hospital and the communities we serve
	Evaluate candidates and make an offer		Candidates were either not suitable for the position or accepted our offer.

### According to the U.S Census Bureau:

95.4% of the population of Sac County, IA has health coverage, with 38.6% on employee plans, 19.9% on Medicaid, 16.9% on Medicare, 18.8% on non-group plans, and 1.1% on military or VA plans. Primary care physicians in Sac County, IA see 1620 patients per year on average, which represents a 0.978% decrease from the previous year (1636 patients). Compare this to dentists who see 3240 patients per year, and mental health providers who see 1389 patients per year.



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## **VI. Loring Hospital Community Health Needs Assessment Conclusion**

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Loring Hospital, with the help of community members, patients and influential health stakeholders in Sac County has identified and prioritized health needs important to the residents of Sac County and our neighboring counties. This important information serves as a tool that will inform the development of health improvement implementation plans developed by Loring Hospital and other health care agencies and businesses serving the same service area. Working collaboratively, these efforts will improve the health and quality of life for members of Sac County and Loring Hospital's extended service area.

Data is available for all counties in the nation and used in Loring Hospital's assessment data at [www.countyhealthranking.org](http://www.countyhealthranking.org), [www.cdc.gov](http://www.cdc.gov), and [www.census.gov](http://www.census.gov), along with statistics from Iowa Public Health and our own statistical information.

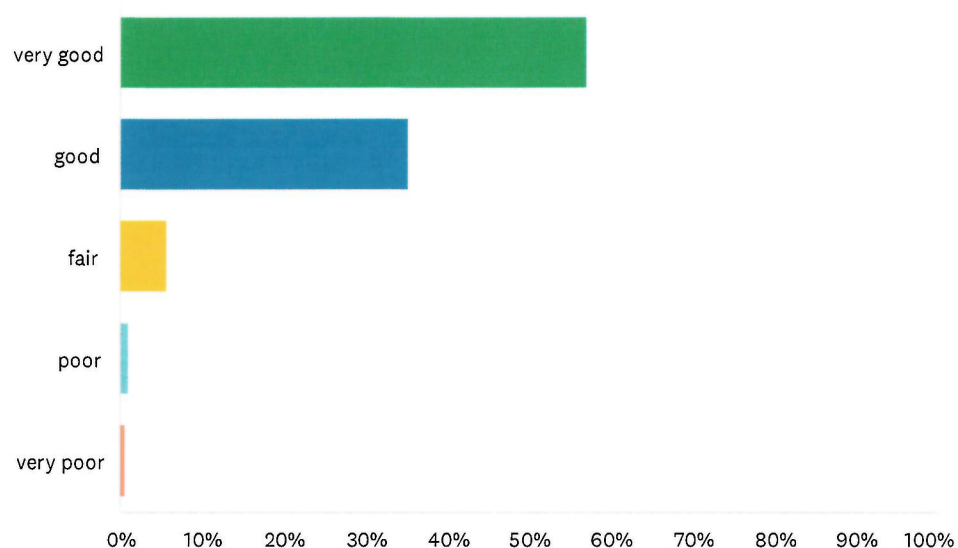
### **Appendix**

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Community Health Needs Assessment Results extracted directly from Survey Monkey.

## Q1 In general, how would you rate the overall quality of the healthcare delivered to your community?

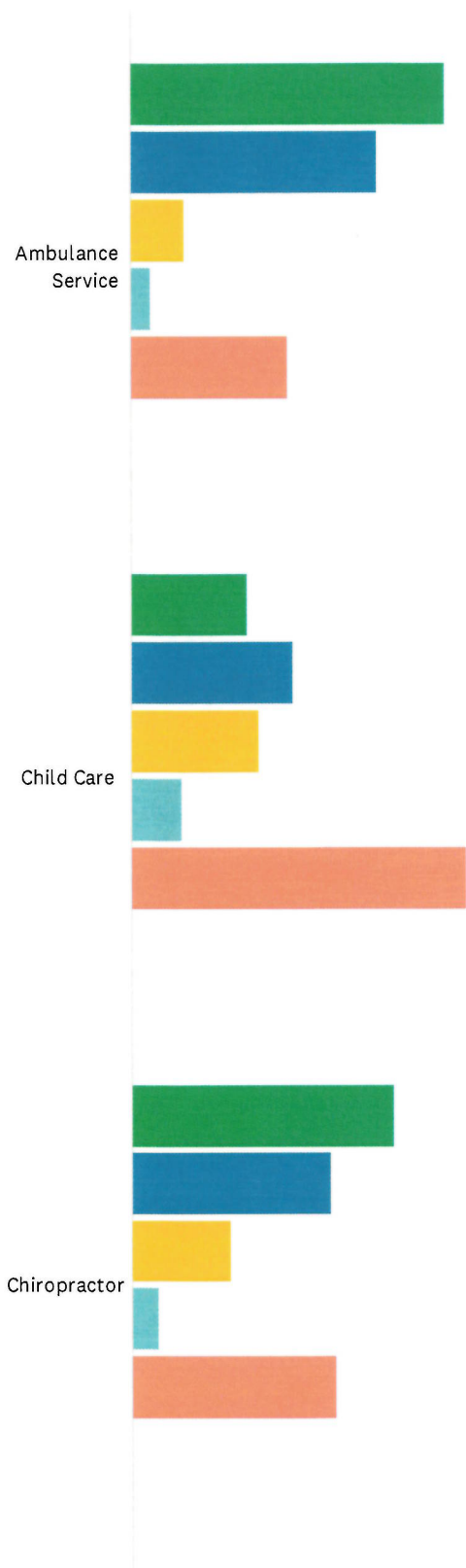
Answered: 173 Skipped: 11



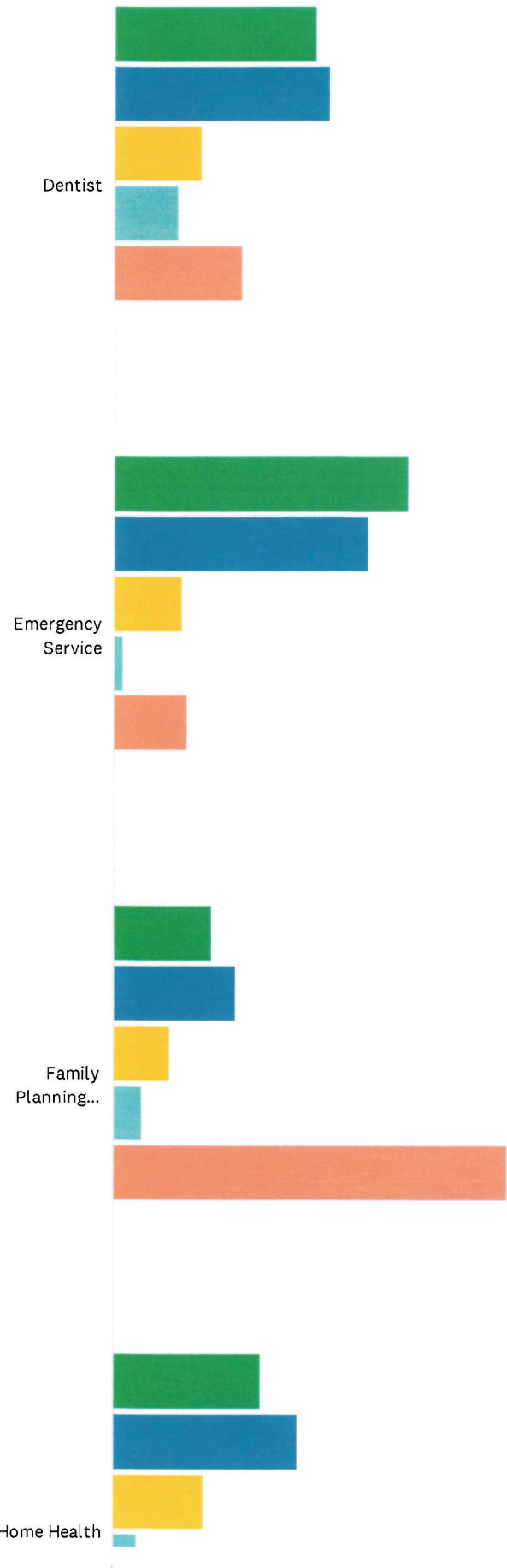
ANSWER CHOICES	RESPONSES	
very good	57.23%	99
good	35.26%	61
fair	5.78%	10
poor	1.16%	2
very poor	0.58%	1
TOTAL		173

## Q2 How satisfied are you with the following:

Answered: 176 Skipped: 8

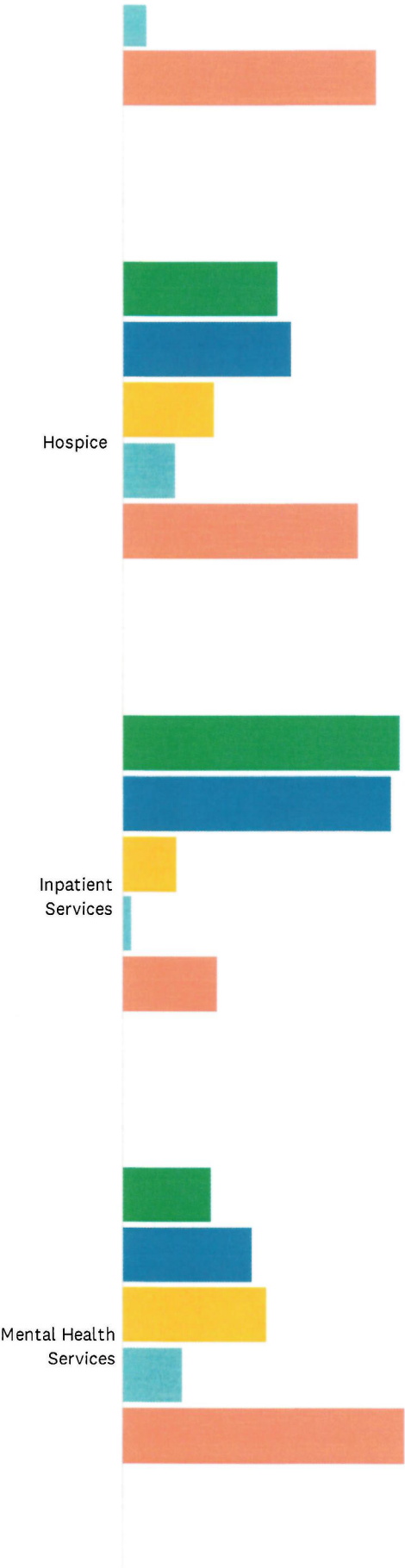


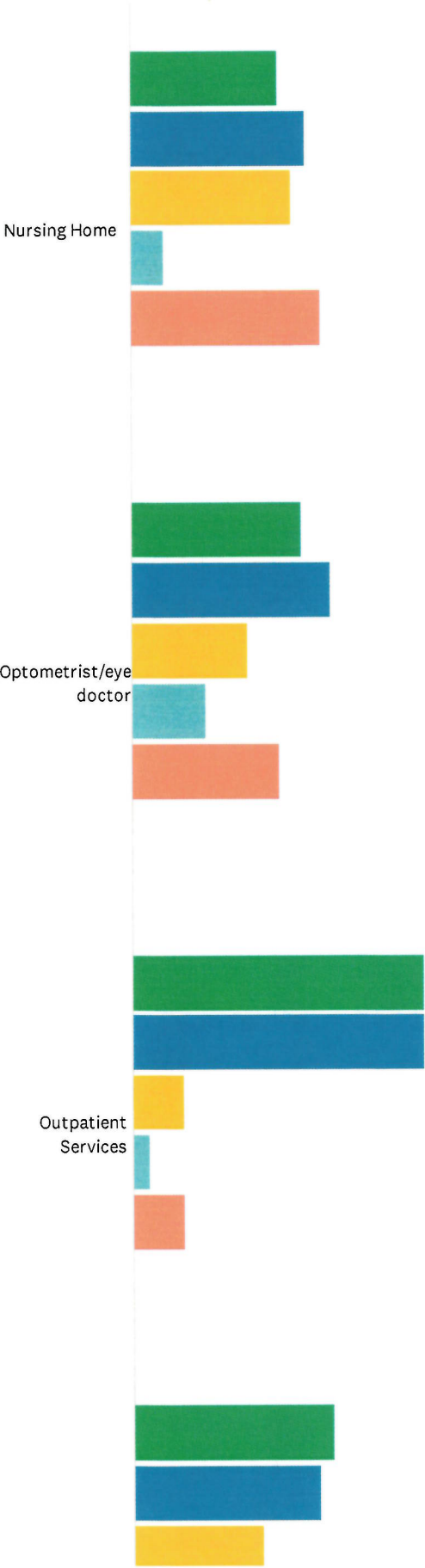
Loring Hospital's 2022 Community Health Needs Assessment - Sac County, Iowa



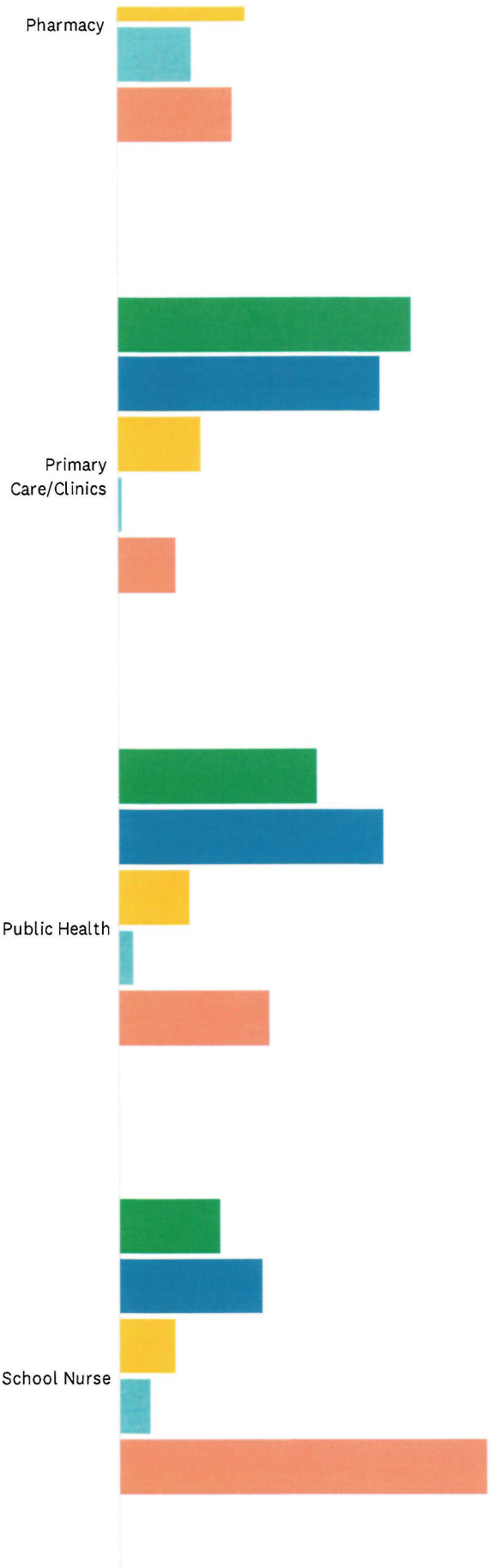


Loring Hospital's 2022 Community Health Needs Assessment - Sac County, Iowa

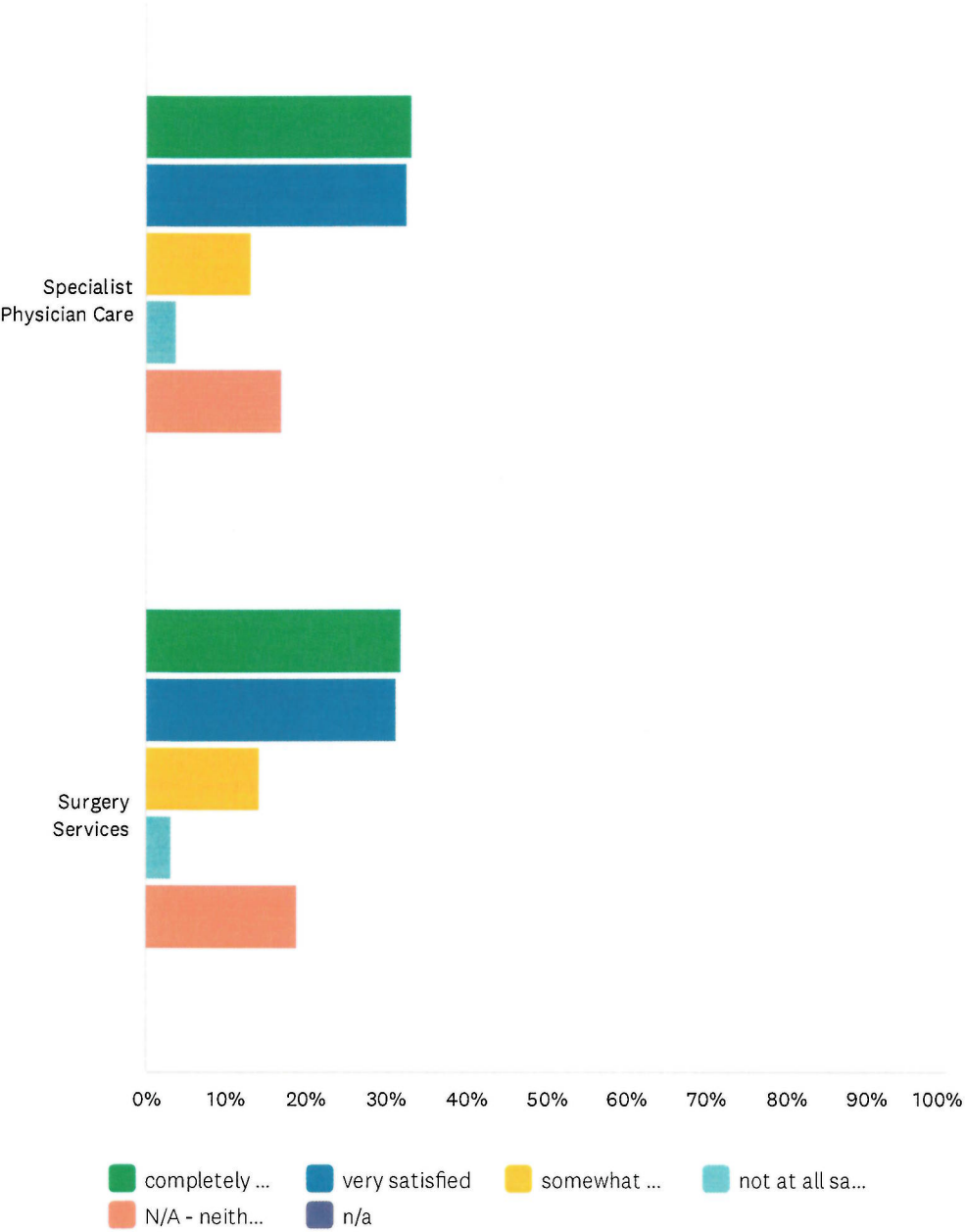




Loring Hospital's 2022 Community Health Needs Assessment - Sac County, Iowa



Loring Hospital's 2022 Community Health Needs Assessment - Sac County, Iowa



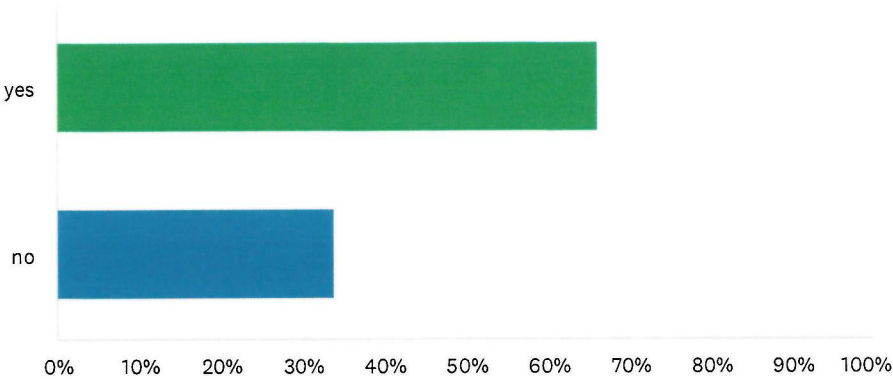


Loring Hospital's 2022 Community Health Needs Assessment - Sac County, Iowa

	COMPLETELY SATISFIED	VERY SATISFIED	SOMEWHAT SATISFIED	NOT AT ALL SATISFIED	N/A - NEITHER SATISFIED OR DISSATISFIED	N/A	TOTAL
Ambulance Service	39.75% 64	31.06% 50	6.83% 11	2.48% 4	19.88% 32	0.00% 0	161
Child Care	14.79% 21	20.42% 29	16.20% 23	6.34% 9	42.25% 60	0.00% 0	142
Chiropractor	33.11% 50	25.17% 38	12.58% 19	3.31% 5	25.83% 39	0.00% 0	151
Dentist	28.95% 44	30.92% 47	12.50% 19	9.21% 14	18.42% 28	0.00% 0	152
Emergency Service	42.21% 65	36.36% 56	9.74% 15	1.30% 2	10.39% 16	0.00% 0	154
Family Planning Services	14.09% 21	17.45% 26	8.05% 12	4.03% 6	56.38% 84	0.00% 0	149
Home Health	21.09% 31	26.53% 39	12.93% 19	3.40% 5	36.05% 53	0.00% 0	147
Hospice	21.92% 32	23.97% 35	13.01% 19	7.53% 11	33.56% 49	0.00% 0	146
Inpatient Services	39.49% 62	38.22% 60	7.64% 12	1.27% 2	13.38% 21	0.00% 0	157
Mental Health Services	12.68% 18	18.31% 26	20.42% 29	8.45% 12	40.14% 57	0.00% 0	142
Nursing Home	20.81% 31	24.83% 37	22.82% 34	4.70% 7	26.85% 40	0.00% 0	149
Optometrist/eye doctor	24.18% 37	28.10% 43	16.34% 25	10.46% 16	20.92% 32	0.00% 0	153
Outpatient Services	41.46% 68	41.46% 68	7.32% 12	2.44% 4	7.32% 12	0.00% 0	164
Pharmacy	28.30% 45	26.42% 42	18.24% 29	10.69% 17	16.35% 26	0.00% 0	159
Primary Care/Clinics	41.77% 66	37.34% 59	12.03% 19	0.63% 1	8.23% 13	0.00% 0	158
Public Health	28.38% 42	37.84% 56	10.14% 15	2.03% 3	21.62% 32	0.00% 0	148
School Nurse	14.60% 20	20.44% 28	8.03% 11	4.38% 6	52.55% 72	0.00% 0	137
Specialist Physician Care	33.33% 53	32.70% 52	13.21% 21	3.77% 6	16.98% 27	0.00% 0	159
Surgery Services	32.03% 49	31.37% 48	14.38% 22	3.27% 5	18.95% 29	0.00% 0	153

Q3 Over the past 2 years, did you or someone in your household receive healthcare services outside of your county?

Answered: 177    Skipped: 7



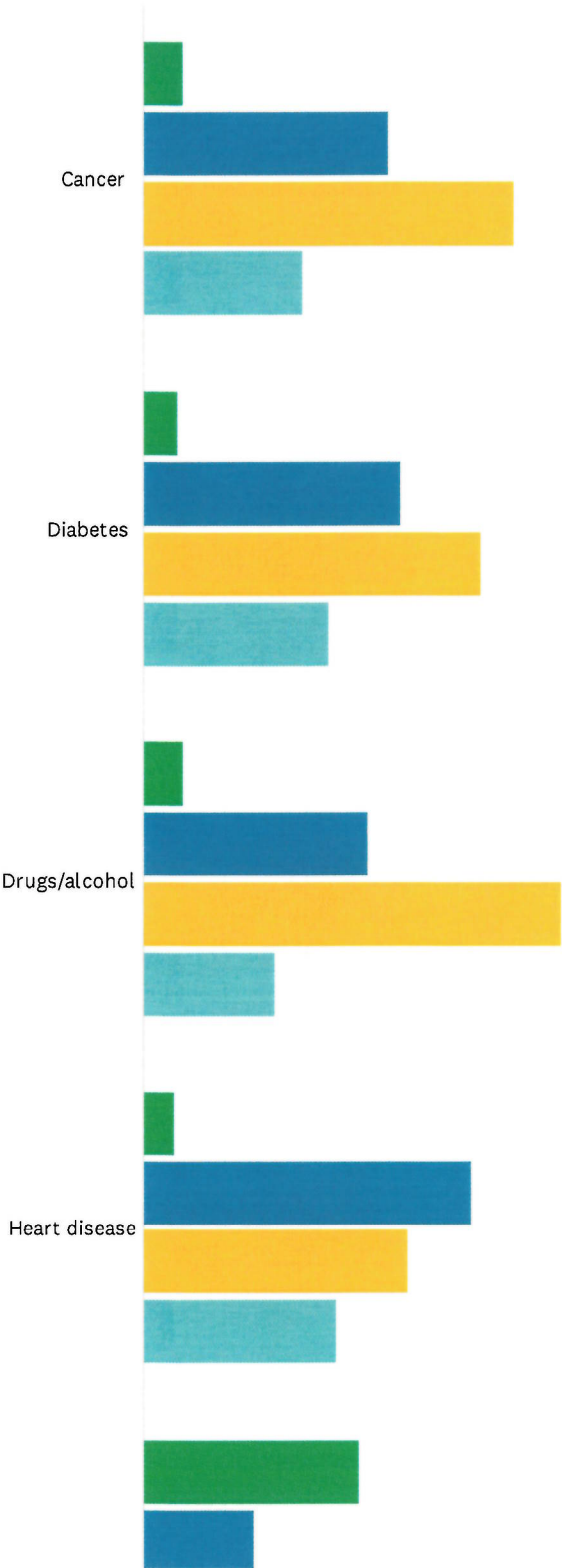
ANSWER CHOICES	RESPONSES	
yes	66.10%	117
no	33.90%	60
TOTAL		177

## Q4 Are there healthcare services in your community that you feel need to be improved and/or changed?

Answered: 60   Skipped: 124

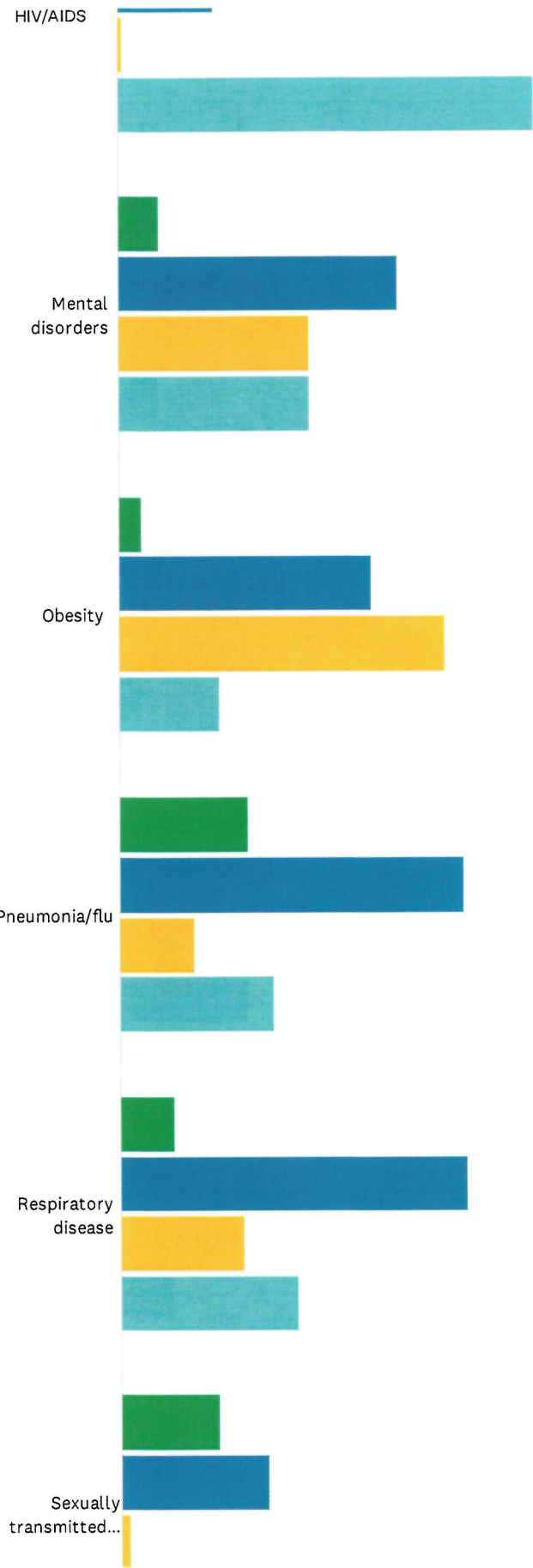
Q5 In your opinion, how much of a problem are the following causes of disease or disability in your community?

Answered: 168    Skipped: 16

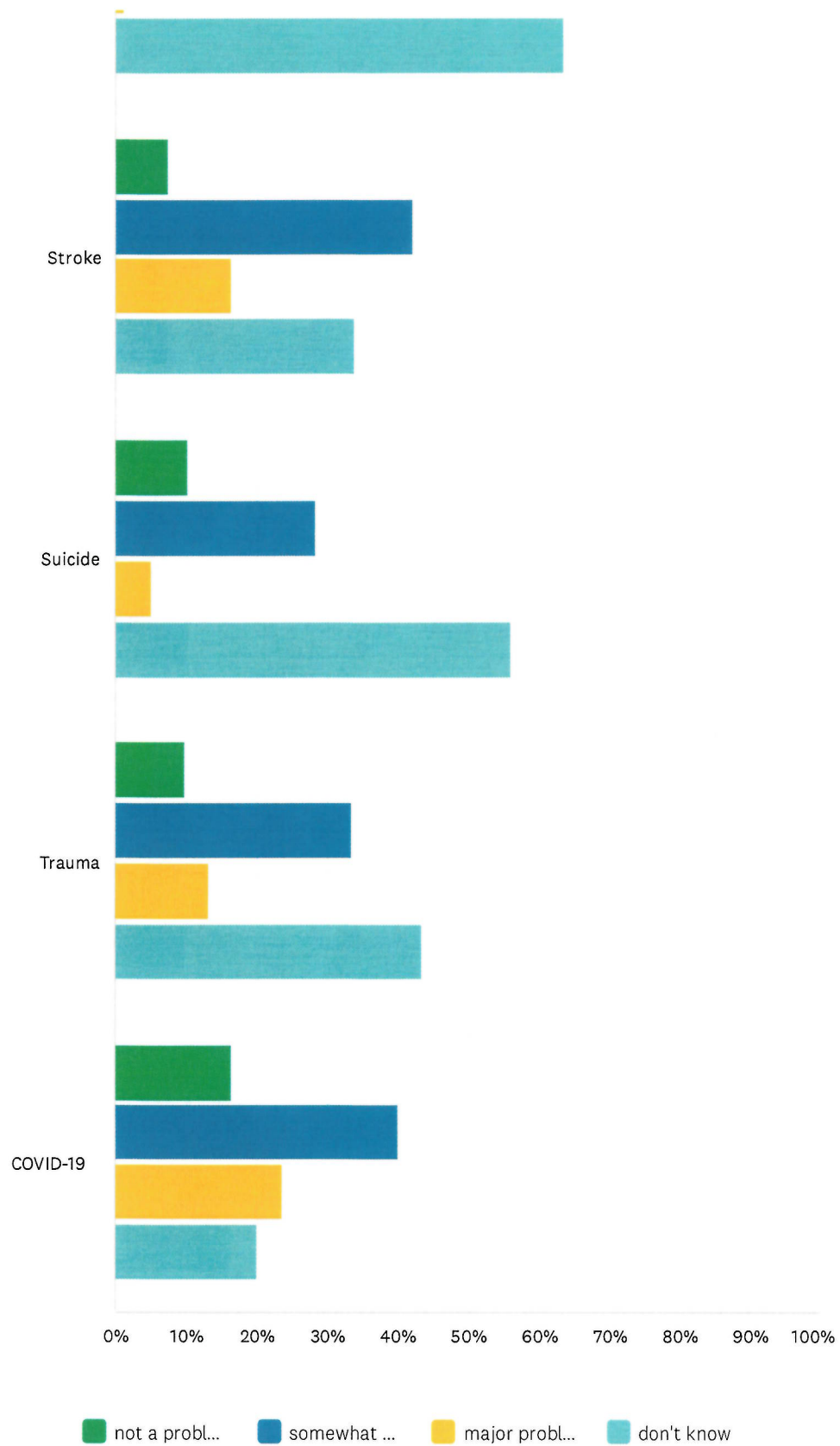




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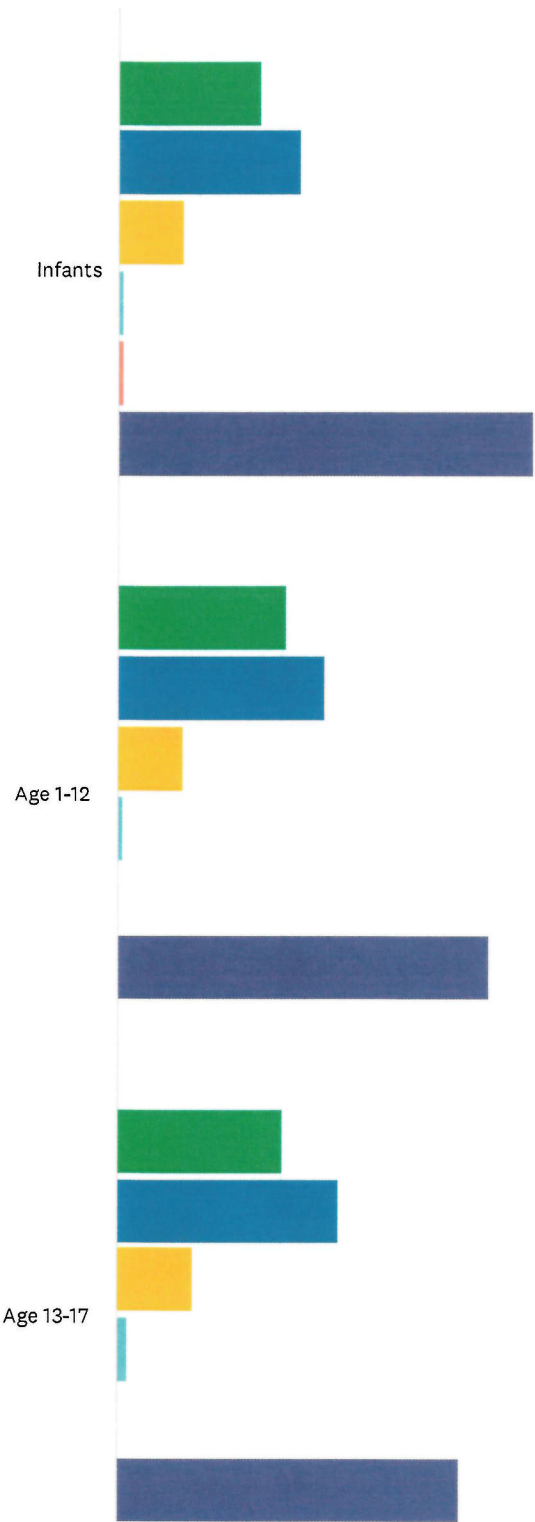


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	NOT A PROBLEM	SOMEWHAT A PROBLEM	MAJOR PROBLEM	DON'T KNOW	TOTAL
Cancer	4.91% 8	30.06% 49	45.40% 74	19.63% 32	163
Diabetes	4.32% 7	31.48% 51	41.36% 67	22.84% 37	162
Drugs/alcohol	5.00% 8	27.50% 44	51.25% 82	16.25% 26	160
Heart disease	3.75% 6	40.00% 64	32.50% 52	23.75% 38	160
HIV/AIDS	26.45% 41	13.55% 21	0.65% 1	59.35% 92	155
Mental disorders	5.70% 9	39.87% 63	27.22% 43	27.22% 43	158
Obesity	3.11% 5	36.02% 58	46.58% 75	14.29% 23	161
Pneumonia/flu	18.24% 29	49.06% 78	10.69% 17	22.01% 35	159
Respiratory disease	7.59% 12	49.37% 78	17.72% 28	25.32% 40	158
Sexually transmitted disease	14.10% 22	21.15% 33	1.28% 2	63.46% 99	156
Stroke	7.55% 12	42.14% 67	16.35% 26	33.96% 54	159
Suicide	10.32% 16	28.39% 44	5.16% 8	56.13% 87	155
Trauma	9.87% 15	33.55% 51	13.16% 20	43.42% 66	152
COVID-19	16.43% 23	40.00% 56	23.57% 33	20.00% 28	140

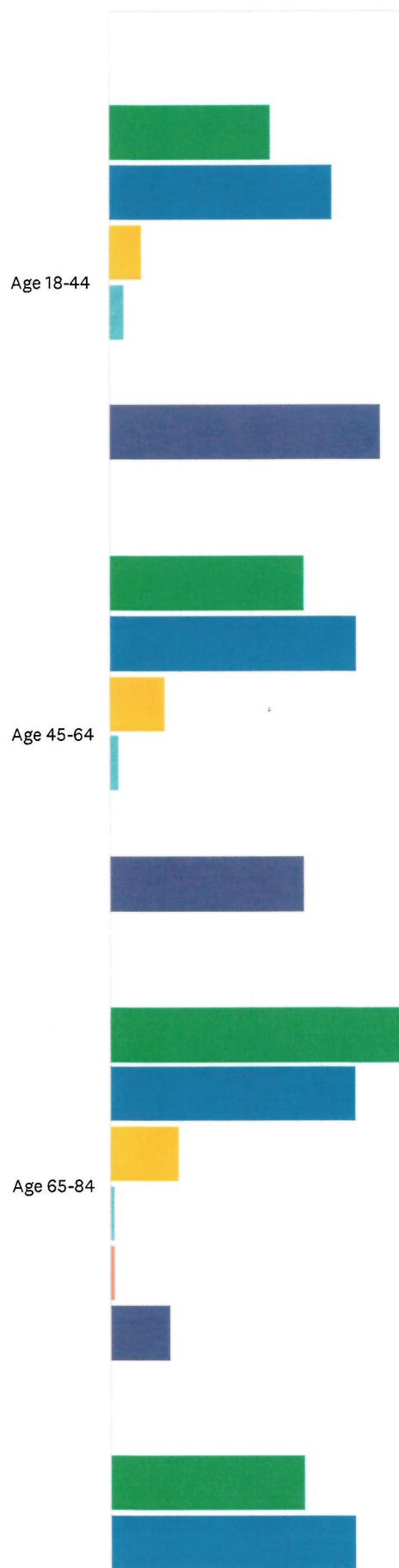
Q6 How well do you feel our local health care providers are doing in addressing the health needs of the following age groups? (check one box per row)

Answered: 170    Skipped: 14

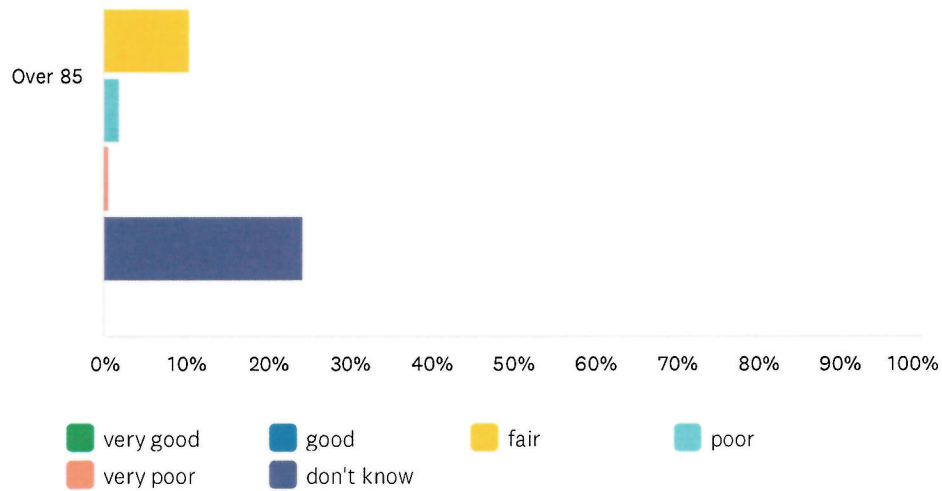




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## Loring Hospital's 2022 Community Health Needs Assessment - Sac County, Iowa



	VERY GOOD	GOOD	FAIR	POOR	VERY POOR	DON'T KNOW	TOTAL
Infants	17.57% 26	22.30% 33	8.11% 12	0.68% 1	0.68% 1	50.68% 75	148
Age 1-12	20.67% 31	25.33% 38	8.00% 12	0.67% 1	0.00% 0	45.33% 68	150
Age 13-17	20.27% 30	27.03% 40	9.46% 14	1.35% 2	0.00% 0	41.89% 62	148
Age 18-44	22.97% 34	31.76% 47	4.73% 7	2.03% 3	0.00% 0	38.51% 57	148
Age 45-64	27.81% 42	35.10% 53	7.95% 12	1.32% 2	0.00% 0	27.81% 42	151
Age 65-84	45.40% 74	34.97% 57	9.82% 16	0.61% 1	0.61% 1	8.59% 14	163
Over 85	27.63% 42	34.87% 53	10.53% 16	1.97% 3	0.66% 1	24.34% 37	152

## Q7 In your opinion, what areas need additional education or attention in your community: (check all that apply)

Answered: 143 Skipped: 41

